

## BODY THERAPY MASSAGES

### BACK, NECK & SHOULDER MASSAGE

R650/45mins

This massage is designed to relieve tension that builds up in the head, neck, shoulders, upper and lower back.

### HOT STONE BACK MASSAGE

R700/45mins

Using hot volcanic stones to concentrate on the back, neck, shoulders, lower and upper back.

### INDIAN HEAD MASSAGE

R650/45mins

Combining massage movements and pressure point therapy on the head, face, neck & shoulders.

### FOOT MASSAGE

R650/45mins

Relax and balance your body through pressure points situated under the feet. It detoxifies, relaxes and increases circulation.

### SWEDISH FULL BODY MASSAGE

R750/60mins  
R900/90mins

This massage eases tense muscles. A medium pressure is used to provide relaxation.

### HOT STONE THERAPY MASSAGE

R800/60mins  
R950/90mins

Soothing and relaxing massage using hot volcanic stones. Has a deep healing effect on the body.

### AROMATHERAPY FULL BODY MASSAGE

R800/60mins  
R950/90mins

A blend of essential oils is used to bring balance to the mind, body and spirit.

### DEEP TISSUE FULL BODY MASSAGE

R800/60mins  
R950/90mins

A deep pressure is used to relieve tension in the muscles.

## FACIAL TREATMENTS

### HONEY BUSH EXPRESS FACIAL

R700/45mins

An express treatment to cleanse the skin, remove dead skin cells and moisturize the skin, leaving it refreshed and supple.

### DELUXE BESPOKE FACIAL

R950/75mins

We will tailor the products used depending on your skin's needs. This deluxe facial includes a pampering head massage. The whole range of products is available for this treatment.

### ANTI-AGEING BOOSTER FACIAL

R860/60mins

An organic phyto acid, L-ascorbic treatment for visible firming, brightening and skin rejuvenation with an added gel to stimulate collagen and elastin production while reducing the appearance of fine lines and wrinkles.

### DEEP CLEANSING FACIAL

R800/60mins

A deep exfoliating treatment which balances and purifies congested skin; heals and repairs oily skin.

## HAND, FOOT & NAIL TREATMENTS

### LUXURY MANICURE

R600/75mins

Consists of a cut, file, buff, cuticle work and varnish with a luxury hand scrub. Includes a 25 min pampering hand massage.

### LUXURY PEDICURE

R650/75mins

Consists of a cut, file, buff, cuticle work and varnish with a luxury foot scrub. Includes a 25 min pampering foot massage.

## BODY SCRUBS & WRAPS

### DESERT GLOW BODY TREATMENT

R750/50mins

A full body exfoliation and clay mask to remove dead skin cells and to cleanse, detoxify and firm your body from head to toe.

### DESERT GLOW JOURNEY

RI 350/110mins

The desert glow body treatment followed by a full body massage with a personalized blend of an aromatic massage medium to complete your journey.

## SPA PACKAGES

### HEAD IN THE CLOUDS

RI 150/90mins

A foot cleanse ritual with a sugar buff and botanical oils followed by a:

- 30min Rebalancing foot massage
- 30min Indian head massage
- 30min Aromatic back, neck & shoulder massage

### BEAUTY BLISS

RI 000/90mins

- 30min Express facial
- 30min Express manicure
- 30min Express pedicure

### SPA TASTER

R850/60mins

A back, neck and shoulder massage to help relieve tension in the head, neck and shoulders followed by an express facial, leaving the skin nourished and revitalized.

### FIRST IMPRESSION

RI 600/150mins

A head to toe treat, giving you a good taste of a spa pamper day:

- 60min Facial
- Swedish full body massage
- Express manicure OR pedicure

#### AFTER HOURS / OPERATING HOURS:

Monday - Friday: 8am - 6pm

Saturday: 8am-6pm

Sunday: 8am-4pm

\* After hours fee RI 50 per hour  
Prices are subject to change